

## Identifying Your Brilliance Worksheet

### 1 Zone of Incompetence

What activities do I do that others can do better? What work do I do for which I consistently receive negative feedback?  
What do I do that I don't enjoy?

### 2 Zone of Competence

What activities do I do that others can do just as well or better? What work do I do well, but doesn't feel satisfying?

Based on work developed in *The Big Leap* by Gay Hendricks

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### 3 Zone of Excellence

What activities do I do that I can do better than most, but that leaves me feeling unsatisfied? What do I do that consistently generates positive feedback, but feels as if "something is missing?"

### 4 Zone of Brilliance

What activities do I most love to do? What are my unique abilities? What work do I do that doesn't seem like work? What activities do I love to do so much that time disappears? What work do I do that produces the highest ratio of satisfaction and abundance to amount of time spent? What do I do that makes my heart sing?

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